

Lesson # 1 - Why Blood Chemistry Analysis is the **ULTIMATE Functional Medicine Assessment Tool**

Thanks for checking out my 7-day crash course on why Blood Chemistry Analysis is the ultimate Functional Medicine assessment tool.

I'm Dr. Dicken Weatherby, founder of Blood Chem Software and the author of the best-selling book "Blood Chemistry and CBC Analysis - Clinical Laboratory Testing from a Functional Perspective".

I'd like to let you in on a little secret (but only if you promise to keep it between you and me). That secret is:

Functional Blood Chemistry Analysis (or FBCA) is hands-down **the** most important tool in **your** assessment tool bag.

And to be honest, if you agree with that, there's not much need to consume the rest of this course.

But if you're unsure, or you're not familiar with FBCA, the next few minutes will likely re-shape the way you think about how you use this incredibly valuable assessment tool in your practice.

But before we get there, let's ask ourselves an important question:

Why Blood Testing?

Most practitioners think that a blood test is just something that an allopathic physician runs on their patient so why would they want to run this test in their Functional or Integrative Medicine practice?

The Blood Chemistry and CBC (hematology) test is the most commonly ordered lab test in the world. Millions of these panels are run every day.

Most of your patients will have had their blood drawn at some time in the past and the Blood Chemistry and CBC test has become a standard method of diagnosis in allopathic medicine.

Patients understand and are educated that blood testing is the norm for health testing assessment.

Patients are almost expecting to have a blood test performed as they understand, and have been conditioned, that the blood contains answers to their health.

However, most health care practitioners are unaware that blood chemistry **IS** Functional testing

Most practitioners are unaware of what can be uncovered when you do a **Functional Analysis** of the exact same test that the allopathic physician runs.

In the hands of a trained practitioner, Blood testing becomes one of the most important assessment tools for the identification of clinical conditions, dysfunctions. And, most importantly, health trends.

Human blood is a walking library of information about the state of our patient's functional health and wellbeing. Past, present and future

So, the answer to "Why Blood testing?" is this...

Blood testing is no longer simply a part of disease or injury management. It's a vital component of a comprehensive Functional Medicine work up and a vital component of comprehensive health promotion and disease prevention

Using a functional analysis of regular targeted blood testing helps detect early stages of dysfunction and the early detection of chronic conditions related to almost every functional system in the body (more on that in a future email...)

FBCA is the ultimate Functional Medicine screening test:

1. It improves decision making
2. It reduces uncertainty
3. It provides objective data
4. It confirms thoughts made in the initial intake and history
5. It guides therapy decisions and modification
6. It helps assess the efficacy of treatment protocols
7. It helps both you and the patient assess their progress

The main focus of FBCA is to give you, the practitioner, a tool to assess the underlying cause of the many chronic diseases that your patients suffer from. It is NOT about diagnosis but rather a way to analyze your patient's functional state of health and assess trends towards ill health or trends towards health. With that information, and information from your other functional diagnostic assessments, you can better prepare and implement an individualized treatment protocol for your patient.

FBCA is patient focused and not disease focused.

For instance you are not just assessing whether or not your patient has gallstones. You are also assessing for the weaknesses and imbalances in the patients physiology to try and understand why the patient has a trend towards the development of biliary stasis, which may end up causing them to develop gallstones. You are discovering and correcting the underlying trends towards a particular disease process or dysfunction so the body can in turn return to a state of health and wellness.

In the next 6 days I'm going to show you how FBCA covers a wider breadth and depth of assessment than almost any other Functional Test and why a Functional Analysis of a blood test should be the very *first test* carried out on all clients and patients.

The Functional Blood Chemistry Analysis Crash Course
Dr. Dicken Weatherby

That's it for today. Tomorrow you will learn why ***"Normal" is a far cry from optimal*** when it comes to blood testing.

If you have any questions in the meantime, please hit the reply button and drop me a line. I will respond personally to every email.

Until tomorrow,

Dr. Dicken Weatherby
Founder, [Blood Chem Software](#)

P.S. If you're interested in getting started with FBCA, you don't have to wait for the rest of this course to get started. You can start a free trial by [following this link](#).